

Spitsbergen Circumnavigation June 2019





FURLONGS
TRAVEL

Richard and Dawn Furlong have sailed aboard MV FRAM since she was launched in 2007, including a previous voyage to Spitsbergen, and also numerous itineraries in Antarctica, Iceland and Greenland. We know the ship and the crew well, and how these voyages operate, so we'll help you get the most from your holiday. As usual the tour includes everything you need. Naturally, you may also rely on our meticulous planning, great hospitality, and sense of fun! Welcome aboard.



3710

For your financial security the air holidays and flights in this brochure are protected by the Civil Aviation Authority. Our ATOL number is 3710.

Spitsbergen Circumnavigation 2019

Remote, mysterious and extreme, the island of Spitsbergen is the jewel in Arctic Norway's crown, a land forged by snow, ice, ocean and wind, that presents you with a spectacular range of unforgettable adventures.

The aim of our 2019 expedition is to circumnavigate Spitsbergen and discover the incredible Arctic flora and fauna.

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Spitsbergen

Located on the southern fringe of the ever frozen Arctic Ocean, where the warmer currents of the Gulf Stream meet the colder air and water from the north, Spitsbergen and the other islands of the Svalbard Archipelago are a biological hot spot.

In the summer, thousands of migratory birds return to breed, and there is intense bird activity at sea, in the bird cliffs and on the islands. Common sightings include the Arctic Tern, Northern Fulmar, Ivory Gull, Little Auk, Atlantic Puffin, Snow Bunting, Arctic Skua and the Svalbard Rock Ptarmigan (the only species that over-winters in the archipelago).

Svalbard Reindeer and Arctic Fox are year-round locals, and so too are Narwhals, Beluga and Bowhead whales, walruses, and a selection of seal species, including ringed, harbour and bearded varieties.

*Top: Hornsund in spring
Middle: Thick-billed murre
Bottom: Arctic flowers*



Ruling over this fragile and often frozen kingdom is, of course, the region's top predator, the magnificent Polar Bear.

During the voyage you'll hear about the region's early whaling era and have the opportunity to visit fascinating communities like Barentsburg, Longyearbyen and Ny Ålesund. Each one very different in character, but with one thing in common - a pioneer feeling.

Thankfully we now travel in somewhat more comfort than the early explorers, but that certainly doesn't make this expedition any less exciting. It's an opportunity to see what few have seen.

If you're inclined to explore, don't miss this tour.



Widely accepted as one of the most modern expedition ships afloat, Hurtigruten's MV FRAM has become a firm favourite with our guests.

Launched in 2007 with the aim to bring her guests closer to nature, wildlife and unforgettable experiences, the FRAM is large enough to provide stability, ample public space and comfortable accommodations, and yet small enough to sail in remote areas and get you close to the action.

MV FRAM facilities include a top deck panorama lounge with floor-to-ceiling glass; spacious outside decks including access to the very front of the ship, a great place to observe marine wildlife; a choice of cabins all with private facilities; a 24-hour tea and coffee station, library, lecture rooms, gym, sauna and heated Jacuzzi.

The FRAM's friendly crew and staff include a dedicated, passionate and knowledgeable expedition team.



Optional pre-voyage Oslo city break visiting the original Polar Ship FRAM

Provisional itinerary

Sun 16 Jun 2019 UK to Oslo

Our escorted flight is from London to Oslo. Independent flights from other UK airports will also be available. In Oslo we transfer to our city centre hotel, the 4-star Radisson Blu Plaza for a three night stay. Dinner is included.

Mon 17 Jun 2019 Oslo City Tour

After breakfast, join our private Oslo city tour with a local guide. We start with the most important sights in the city centre, including the City Hall, Akershus Castle, Karl Johans Gate, the Cathedral, Parliament building, and the Royal Palace. We'll also visit the amazing 80-acre Frogner Park, home to over 200 bronze and granite sculptures created by Gustav Vigeland. And perhaps time to stop at the incredible Holmenkollen Ski Jump, but just for photos!

Tue 18 Jun 2019 Fram Museum

Today we visit Bygdøy, a quiet, forested peninsula on the western side of Oslo. Our main focus here is to see the original exploration vessel FRAM. You can go onboard and take a look in the cabins, lounges, cargo hold and engine room. The Fram Museum also tells the story of Norwegian polar exploration, and now houses the ship Gjøa, the first vessel to sail through the entire Northwest Passage.

Wed 19 Jun 2019 Free time

Enjoy free time in Oslo. From our hotel you are within easy reach of Oslo's main shopping street, the National Gallery and the Botanical Gardens. Later, we transfer to Oslo Airport for our flight to Longyearbyen to begin our adventure in Spitsbergen.

Spitsbergen Circumnavigation 2019

Provisional itinerary

Wed 19 Jun 2019 Longyearbyen

Our escorted flight will be from London to Oslo. Independent flights from other UK airports will also be available. At Oslo Airport we connect with our flight to Longyearbyen in Spitsbergen. On arrival we transfer downtown, and stay overnight in a Longyearbyen hotel.

Thu 20 Jun 2019 Embark MV FRAM

This morning, an included Longyearbyen tour, accompanied by a local English speaking guide. We explore Longyear valley, spot for Svalbard Reindeer and migratory birds, and we'll also visit the site of the Global Seed Vault. After the tour, you will have some free time in town before we embark MV FRAM to begin our expedition voyage.

One of our first landings is the Russian settlement of Barentsburg, still an active mining community. Here you will find an exotic collection of Russian artefacts and architecture!

Fri 21 Jun 2019 Kongsfjorden

Kongsfjorden is considered to be one of the most beautiful fjord areas in Spitsbergen, with mighty glaciers calving ice into the sea, all framed by incredible mountain formations.

Sat 22 Jun 2019 Krossfjord

As we sail northwest, we reach Krossfjorden, where you can see beautiful alpine flora, bird cliffs and quite often, Svalbard reindeer. Our expedition team may even offer a glacier walk. We'll also visit the former mining settlement of Ny Ålesund, where ten countries including the UK, now have polar research stations.

Sun 23 Jun 2019 Heading North

A true expedition day. We explore some of the most remote parts of the Svalbard Archipelago and will attempt to reach beyond 80° north. Here, we are closer to the Geographical North Pole than any other landmass in Europe. Polar bears and seabirds are the only inhabitants!



Mon 24 Jun 2019 *Alkefjellet*

Another day in the true spirit of explorers like Amundsen and Nansen. MV FRAM will tack her way south through the famous Hinlopen Strait which separates the east coast of Spitsbergen from the large ice-capped island of Nordaustlandet. On route we'll visit a spectacular bird cliff called Alkefjellet. Its 300 metre spires rise directly from the sea and create perfect bird nesting conditions. We also hope to see the Bråsvellbreen glacier, famous for its giant surge forward in 1938.

Tue 25 Jun 2019 *Nature Reserves*

The eastern part of Svalbard is mainly divided into two large nature reserves. Combined they represent one of the last large, mainly untouched, wildernesses in Europe. We'll visit Edgeøya, the third largest island in Svalbard and then sail the Storfjorden, hopefully giving us views of hundreds of glaciers and mountains. If we are lucky we'll meet some of Svalbard's marine mammals as we head towards the southern most tip of Spitsbergen.

Wed 26 Jun 2019 *Hornsund*

Today we explore Hornsund, a largely alpine landscape boasting some majestic mountains including Hornsundtinden and Bautaen, which seen from the right angle looks like a giant Viking sword.

Thu 27 Jun 2019 *Isfjord*

We spend the day exploring both the outer and the inner parts of Isfjorden. One of the most prominent mountains here is Alkornet, where thousands of Brunnich Guillemots nest during the summer season.

Isfjord's inner U-shaped valleys, carved out by giant glaciers, are now home to large populations of the endemic Svalbard Reindeer.

Later, our intent is to find a scenic fjord arm and arrange a farewell barbecue in the most beautiful Arctic surroundings.

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Fri 28 Jun 2019 *Homebound*

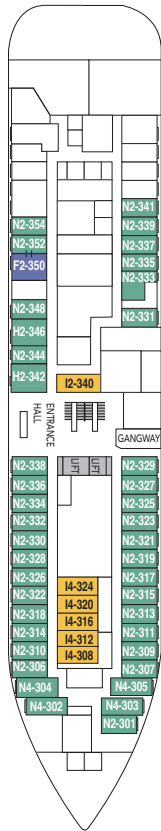
Sadly, every explorer voyage has to come to an end. We disembark the MS FRAM this morning before flying via Oslo back to the UK.

You will probably sense that time has passed faster than expected, however, the number of awesome experiences also feels impossible to have happened in such a short time. So, bring back the memory of that solitary polar bear, the calving glacier, or the buzzing birdlife – or simply the subtle, odd feeling of having spent time on top of the globe, just a few hundred kilometres from the North Pole!

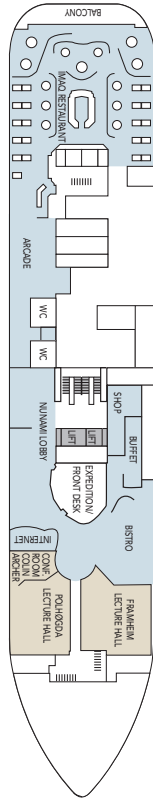


Top: Arctic fox
Middle: Longyearbyen
Bottom: Bearded seal

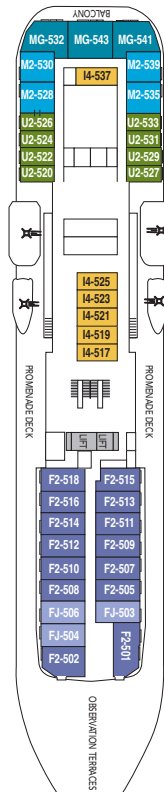
MV Fram Deck Plans



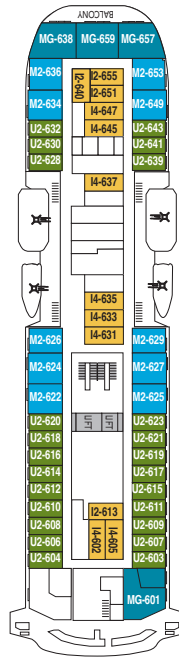
Deck 3



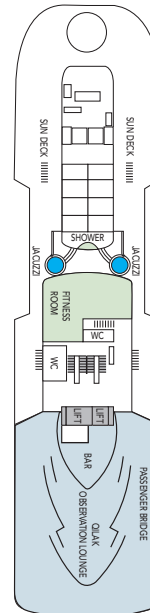
Deck 4



Deck 5



Deck 6



Deck 7

- I - Polar Inside** Decks 3, 5, 6
Twin beds
- N - Polar Outside** Deck 3
Twin beds
- U - Arctic Superior** Decks 5, 6
Twin beds
- F - Arctic Superior** Deck 5
Double bed
- M - Suite** Decks 5, 6
Double bed
- MG - Grand Suite** Decks 5, 6
Double bed

- Deck 2 - landing deck/crew accommodations
- Deck 3 - guest cabins
- Deck 4 - reception/restaurant/café/lecture halls
- Deck 5 - guest cabins/outside deck
- Deck 6 - guest cabins
- Deck 7 - lounge/bar/outside decks
- Deck 8 - outside deck/saunas

Most cabins are twins, and one of the beds can be turned into a sofa for day use. Some cabins have a double bed only. Cabins vary in size and location, sometimes within the same grade.

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Guide prices per person sharing a twin or sole occupancy	TWIN Standard £	TWIN Early £ *	SINGLE Standard £	SINGLE Early £ *
I - Polar Inside Decks 3, 5, 6	£5,900	£5,400	£7,300	£6,800
N - Polar Outside Deck 3	£6,700	£6,200	£8,700	£8,200
U - Arctic Superior Decks 5, 6	£7,200	£6,700	£8,900	£8,400
F - Arctic Superior Deck 5	£7,900	£7,400	On request	
M - Suite Decks 5, 6	£9,900	£9,400	On request	
MG - Grand Suite Decks 5, 6	£11,700	£11,200	On request	

Optional 3-night Oslo city break

Add per person £695 sharing twin £845 sole occupancy

Oslo city break includes >> Applicable flight itinerary >> Round-trip airport transfers in Oslo >> 3-nights at the 4-star Radisson Blu Plaza Hotel or similar >> 3 main meals and 3 breakfasts in Oslo >> Guided city tour >> Entry to The Fram Museum >> Standard tips including hotel, guides and drivers >> Comprehensive ticket pack >> Personally escorted

There are no direct, non-stop flights between the UK and Spitsbergen. Flights between London, Oslo and Longyearbyen will be included as standard. Independent flights from other UK airports may be available, at extra cost. Further details and our terms and conditions of booking are online at www.furlongs.co.uk.

Guide prices

At the time of printing this brochure, the itinerary is provisional and tour costs have been estimated. The prices shown are based on previous tours and intended as a guide.

Advance register now - no obligation

You may secure your place by advance registering with a £250 per person deposit. When the final tour details and prices are circulated, simply confirm and pay the full deposit, or cancel and receive a full refund. There's no obligation and no risk. All monies are 100% protected at all times by our package holiday ATOL licence.

Early booking saves £1,000 per couple

* Subject to availability, advance registrants will save £1,000 per couple or £500 per single, as an early booking discount.

What's included?

- >> Economy class flights, London/Oslo/Longyearbyen and return
- >> Overnight hotel in Longyearbyen, bed and breakfast basis
- >> 8-days/7-nights sailing aboard MV FRAM
- >> Ship cabin of your choice, assigned on confirmation
- >> 7 breakfasts, 6 lunches and 7 dinners on the voyage
- >> Tea/coffee on board ship, complimentary 24-hours a day
- >> Landings scheduled by the MV FRAM expedition team
- >> Onboard lectures and presentations
- >> Airport transfers, air taxes and port charges
- >> All standard tips including hotel, ship, guides and drivers
- >> Comprehensive ticket pack
- >> Personally escorted

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SPITSBERGEN CIRCUMNAVIGATION 2019 ADVANCE REGISTRATION

Choose your preferred cabin and hold your tour place with £250 per person deposit. When final tour details and prices are circulated, you may confirm your place, or cancel and receive a full refund. There's no obligation or risk. All monies are 100% protected at all times by our package holiday ATOL licence. In due course, all guests must have their own, comprehensive travel insurance in place. Booking terms and conditions online at www.furlongs.co.uk.

SHIP CABIN CATEGORY AND DECK _____ HOTEL BED TYPE Double Twin Sole Occupancy

ADD THE 3-NIGHT OSLO CITY BREAK? _____ Yes please No thank you

SPECIAL REQUESTS (We will try our best, but these are not guaranteed) _____

YOUR ADDRESS & POSTCODE _____

HOME TELEPHONE _____ MOBILE TELEPHONE _____

EMAIL ADDRESS _____

MR/MRS Miss/MS	CHRISTIAN NAME(S) EXACTLY AS PASSPORT	SURNAME EXACTLY AS PASSPORT	DATE of BIRTH

I have read, understand and accept for myself and all others named, the terms and conditions of this booking.

SIGNED _____

DATED _____

How to pay?

Debit card or bank transfer preferred. If you wish to pay using a card please confirm by telephone to 01892 785785 or submit your payment details via our secure booking form at www.furlongs.co.uk.

PAYING NOW £



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